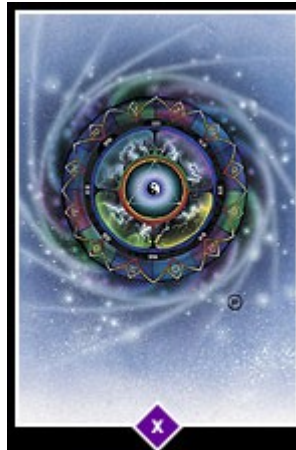


Key Of Life Reading

What is being Repressed?

Change – Major Arcana



The symbol in this card is an enormous wheel representing time, fate, karma. Galaxies spin around this constantly moving circle, and the twelve signs of the zodiac appear on its circumference. Just inside the circumference are the eight trigrams of the I Ching, and even closer to the center are the four directions, each illuminated by the energy of lightning. The spinning triangle is at this moment pointed upward, toward the divine, and the Chinese symbol of yin and yang, male and female, creative and receptive, lies at the center. It has often been said that the only unchanging thing in the world is change itself. Life is continuously changing, evolving, dying and being reborn. All opposites play a part in this vast circular pattern. If you cling to the edge of the wheel you can get dizzy! Move toward the center of the cyclone and relax, knowing that this too will pass.

Zen Says: Life repeats itself mindlessly - unless you become mindful, it will go on repeating like a wheel. That's why Buddhists call it the wheel of life and death, the wheel of time. It moves like a wheel: birth is followed by death, death is followed by birth; love is followed by hate, hate is followed by love; success is followed by failure, failure is followed by success. Just see! If you can watch just for a few days, you will see a pattern emerging, a wheel pattern. One day, a fine morning, you are feeling so good and so happy, and another day you are so dull, so dead that you start thinking of committing suicide. And just the other day you were so full of life, so blissful that you were feeling thankful to God, that you were in a mood of deep gratefulness, and today there is great complaint and you don't see the point why one should go on living.... And it goes on and on, but you don't see the pattern. Once you see the pattern, you can get out of it.

Feminine, Passive, Subconscious Side of Self

Projections – 7 of Emotions

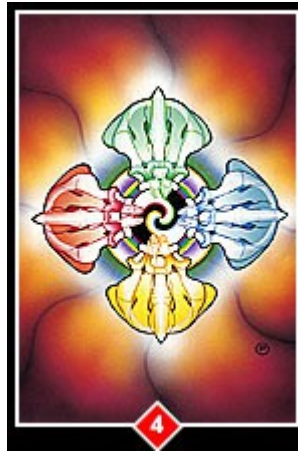


The man and woman in this card are facing each other, yet they are not able to see each other clearly. Each is projecting an image they have constructed in their minds, covering the real face of the person they are looking at. All of us can get caught up in projecting movies of our own making onto the situations and people surrounding us. It happens when we are not fully aware of our own expectations, desires and judgments; instead of taking responsibility for them and owning them, we try to attribute them to others. A projection can be devilish or divine, disturbing or comforting, but it is a projection nonetheless--a cloud that prevents us from seeing reality as it is. The only way out is to recognize the game. When you find a judgment arising about another, turn it around: Does what you see in others really belong to you? Is your vision clear, or clouded by what you want to see?

Zen Says: In a cinema hall, you look at the screen, you never look at the back--the projector is at the back. The film is not there really on the screen; it is just a projection of shadow and light. The film exists just at the back, but you never look at that. And the projector is there. Your mind is at the back of the whole thing, and the mind is the projector. But you always look at the other, because the other is the screen. When you are in love the person seems beautiful, no comparison. When you hate, the same person seems the ugliest, and you never become aware of how the same person can be the ugliest and the same person can be the most beautiful.... So the only way to reach to truth is to learn how to be immediate in your vision, how to drop the help of the mind. This agency of the mind is the problem, because mind can create only dreams.... Through your excitement the dream starts looking like reality. If you are too excited then you are intoxicated, then you are not in your senses. Then whatsoever you see is just your projection. And there are as many worlds as there are minds, because every mind lives in his own world.

Masculine, Outgoing, Conscious Side of Self

Participation – 4 of Fire (Physical Action)



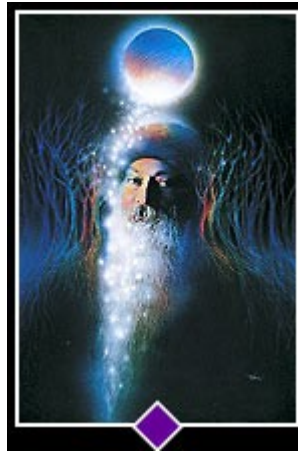
Each figure in this mandala holds the left hand up, in an attitude of receiving, and the right hand down, in an attitude of giving. The whole circle creates a tremendous energy field that takes on the shape of the double *dorje*, the Tibetan symbol for the thunderbolt.

The mandala has a quality like that of the energy field that forms around a buddha, where all the individuals taking part in the circle make a unique contribution to create a unified and vital whole. It is like a flower, whose wholeness is even more beautiful than the sum of its parts, at the same time enhancing the beauty of each individual petal. You have an opportunity to participate with others now to make your contribution to creating something greater and more beautiful than each of you could manage alone. Your participation will not only nourish you, but will also contribute something precious to the whole.

Zen Says: Have you ever seen night going? Very few people even become aware of things which are happening every day. Have you ever seen the evening coming? The midnight and its song? The sunrise and its beauty? We are behaving almost like blind people. In such a beautiful world we are living in small ponds of our own misery. It is familiar, so even if somebody wants to pull you out, you struggle. You don't want to be pulled out of your misery, of your suffering. Otherwise there is so much joy all around, you have just to be aware of it and to become a participant, not a spectator. Philosophy is speculation, Zen is participation. Participate in the night leaving, participate in the evening coming, participate in the stars and participate in the clouds; make participation your lifestyle and the whole existence becomes such a joy, such an ecstasy. You could not have dreamed of a better universe.

A Card of Meditation – Take Time to Contemplate This Card Deeply

The Master



The Master in Zen is not a master over others, but a **master of himself** --and this self-mastery is reflected in his every gesture and his every word. He is not a teacher with a doctrine to impart, nor a supernatural messenger with a direct line to God, but simply one who has become a living example of the highest potential that lies within each and every human being. In the eyes of the Master, a disciple finds his own truth reflected. In the silence of the Master's presence, the disciple can fall more easily into the silence of his own being. The community of seekers that arises around a Master becomes an energy field that supports each unique individual in finding his or her own inner light. Once that light is found, the disciple comes to understand that the outer Master was just a catalyst, a device to provoke the awakening of the inner.

Zen Says: Beyond mind, there is an awareness that is intrinsic, that is not given to you by the outside, and is not an idea -- and there is no experiment up to now that has found any center in the brain which corresponds to awareness. The whole work of meditation is to make you aware of all that is "mind" and disidentify yourself from it. That very separation is the greatest revolution that can happen to man. Now you can do and act on only that which makes you more joyous, fulfills you, gives you contentment, makes your life a work of art, a beauty. But this is possible only if the master in you is awake. Right now the master is fast asleep. And the mind, the servant, is playing the role of master. And the servant is created by the outside world, it follows the outside world and its laws. Once your awareness becomes a flame, it burns up the whole slavery that the mind has created. There is no blissfulness more precious than freedom, than being a master of your own destiny.

An Insight into your Heart & Emotions (what you should aim for)

Courage – Major Arcana



This card shows a small wildflower that has met the challenge of the rocks and stones in its path to emerge into the light of day. Surrounded by an aura of bright golden light, it exposes the majesty of its tiny self. Unashamed, it is equal to the brightest sun. When we are faced with a very difficult situation we have a choice: we can either be resentful, and try to find somebody or something to blame for the hardships, or we can face the challenge and grow.

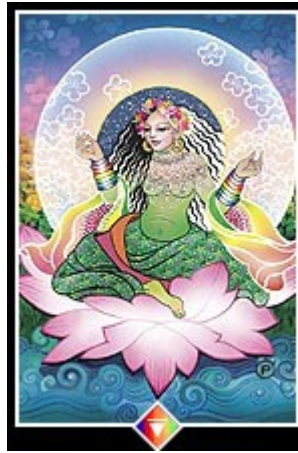
The flower shows us the way, as its passion for life leads it out of the darkness and into the light. There is no point fighting against the challenges of life, or trying to avoid or deny them. They are there, and if the seed is to become the flower we must go through them. Be courageous enough to grow into the flower you are meant to be.

Zen Says: The seed cannot know what is going to happen, the seed has never known the flower. And the seed cannot even believe that he has the potentiality to become a beautiful flower. Long is the journey, and it is always safer not to go on that journey because unknown is the path, nothing is guaranteed.

Nothing can be guaranteed. Thousand and one are the hazards of the journey, many are the pitfalls - and the seed is secure, hidden inside a hard core. But the seed tries, it makes an effort; it drops the hard shell which is its security, it starts moving. Immediately the fight starts: the struggle with the soil, with the stones, with the rocks. And the seed was very hard and the sprout will be very, very soft and dangers will be many. There was no danger for the seed, the seed could have survived for millennia, but for the sprout many are the dangers. But the sprout starts towards the unknown, towards the sun, towards the source of light, not knowing where, not knowing why. Great is the cross to be carried, but a dream possesses the seed and the seed moves. The same is the path for man. It is arduous. Much courage will be needed.

An Insight into your Mind/Mental Thought Processes (what you should aim for)

Flowering – Queen of Rainbows



The Queen of Rainbows is like a fantastic plant that has reached the apex of its flowering and its colors. She is very sexual, very alive, and full of possibilities. She snaps her fingers to the music of love, and her zodiac necklace is placed in a way that Venus lies over her heart. The sleeves of her garment contain an abundance of seeds, and as the wind blows the seeds will be scattered to take root where they may. She is not concerned whether they land on the soil or on the rocks - she is just spreading them everywhere in sheer celebration of life and love. Flowers fall on her from above, in harmony with her own flowering, and the waters of emotion swirl playfully beneath the flower on which she sits.

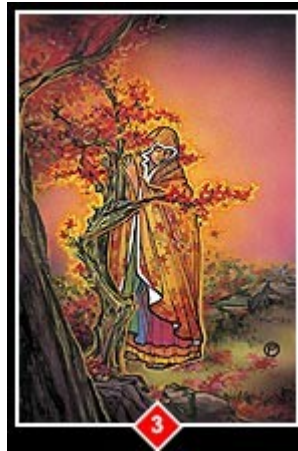
You might feel like a garden of flowers right now, showered with blessings from everywhere. Welcome the bees, invite the birds to drink your nectar. Spread your joy around for all to share.

Zen Says: Zen wants you living, living in abundance, living in totality, living intensely - not at the minimum as Christianity wants you, but at the maximum, overflowing.

Your life should reach to others. Your blissfulness, your benediction, your ecstasy should not be contained within you like a seed. It should open like a flower and spread its fragrance to all and sundry - not only to the friends but to the strangers too. This is real compassion, this is real love: sharing your enlightenment, sharing your dance of the beyond.

An Insight into your Spirit

Experiencing - 3 of Fire (Physical Action) (what you should aim for)



An "experience" is something that can be filed away in a notebook, or captured on film and pasted into an album. 'Experiencing' is the feeling of wonder itself, the thrill of communion, the gentle touch of our connectedness with all that surrounds us.

The woman in this card is not just touching this tree, she is in communion with it, she has almost become one with it. It is an old tree, and has seen many hard times. Her touch is gentle, reverent, and the white on the inside of her cape reflects the purity of her heart. She is humble, simple - and that is the right way to approach nature. Nature doesn't bang any drums when it bursts forth into flower, nor play any dirges when the trees let go of their leaves in the fall. But when we approach her in the right spirit, she has many secrets to share. If you haven't heard nature whispering to you lately, now is a good time to give her the opportunity.

Zen Says: You just look around, look into the eyes of a child, or into the eyes of your beloved, your mother, your friend - or just feel a tree. Have you ever hugged a tree? Hug a tree, and one day you will come to know that it is not only that you have hugged the tree but that the tree also responds, the tree also hugs you. Then for the first time you will be able to know that the tree is not just the form, it is not just a certain species the botanists talk about, it is an unknown God - so green in your courtyard, so full of flowers in your courtyard, so close to you, beckoning you, calling you again and again.

A Final card of Understanding – The Conclusion

The Mind – Knight of Clouds (Mental Level)



This is what happens when we forget that the mind is meant to be a servant, and start to allow it to run our lives. The head is filled with mechanisms, the mouth is ranting and raving, and the whole surrounding atmosphere is being polluted by this factory of arguments and opinions.

"But wait," you say. "The mind is what makes us human, it's the source of all progress, all great truths." If you believe that, try an experiment: go into your room, shut the door, turn on a tape recorder, and give yourself total permission to say whatever is "on your mind." If you *really* allow it to all come out, without any censorship or editing, you'll be amazed at the amount of rubbish that comes spewing forth.

The Page of Clouds is telling you that somebody, somewhere, is stuck in a "head trip." Take a look and make sure it isn't you.

Zen says: This is the situation of your head: I see cycle-handles and pedals and strange things that you have gathered from everywhere. Such a small head...and no space to live in! And that rubbish goes on moving in your head; your head goes on spinning and weaving - it keeps you occupied.

Just think what kind of thoughts go on inside your mind. One day just sit, close your doors, and write down for half an hour whatsoever is passing in your mind, and you will understand what I mean and you will be surprised what goes on inside your mind. It remains in the background, it is constantly there, it surrounds you like a cloud. With this cloud you cannot know reality; you cannot attain to spiritual perception.

This cloud has to be dropped. And it is just with your decision to drop it that it will disappear. You are clinging to it - the cloud is not interested in you, remember it.

Overview

The Osho Zen tarot is gentle, supportive and empowering. The cards are fairly self explanatory. There is a lot of information to absorb, so I would recommend reading through them several times. The 'Zen' sayings can be a little difficult to comprehend, but are included nonetheless as they convey the spirit and intention of these cards.

The general overview I got of our reading yesterday is that your life is very stressful and you came to me (even if you didn't know it ;-)) to find ways to cope. Life is what it is, its going to throw one thing at us after another – we cannot change that. What we can do is change how we react to those issues – do we cry, weep, fall apart, turn on our loved ones and live in a perpetual state of stress, aloneness and anger? Or do we recognise that we're struggling and seek help? Its how we cope with life's trials that denote the quality of life we have.

The remainder of the Overview of this reading has been hidden to protect client confidentiality

This reading is a sample for entertainment purposes only